

CHOOSING A MIDWIFE

Choosing a midwife is an important decision. We have compiled this list of sample questions to help you make an informed choice for choosing midwifery care that best suits your needs.

1. What is your education background? How were you trained?
2. What is your experience? How many births have you attended as a primary midwife? Are you trained in neonatal resuscitation?
3. What do your services include? What schedule of prenatal visits do you recommend, and what will happen during those visits? What does your postpartum care include?
4. What experience do you have with complications?
5. How do you monitor the wellbeing of the baby during labor?
6. What equipment do you bring to the birth? Oxygen? Medications for hemorrhage?
7. Do you work alone, with a partner, or with assistants?
8. What are your plans for back up if you are not available to attend my birth?
9. Do you have a relationship with a consulting physician?
10. How do you define “high risk?” When would I fall into this category?
11. What are your emergency and hospital transport plans?
12. What is your philosophy of care?
13. Would you be willing to refer me to women who have recently received maternity care from you, for reference purposes?